

Experimentation of the Teaching Source

“My Enemy My War”

Web link:

https://off-book.pixel-online.org/files/guidelines/TG04/MyEnemy/MyEnemy_ENG.pdf

<i>Level of difficulty</i>	<i>Name of the partner school</i>	<i>Name of the teacher(s) involved</i>
<i>Easy</i>	<i>Arnolfo di Cambio Colle di Val d'Elsa</i>	<i>Francesca Gambelli</i>

Description of the experience

The lesson started with the vision of the film Inside Out: not the entire movie but some scenes. The students watched the movie with interest and attention. The teacher led a discussion with the class about emotions: students talked about the emotions they usually feel and how they recognize them; everyone agreed on the importance of giving a name to personal responses. Most of the lessons were carried out in a big classroom in order to put chairs in a circle and allow students to sit down face to face. At first, after the invitation to speak about themselves, a lot of them were embarrassed and it was obvious because of their giggles or silence. Later someone timidly started talking about himself or herself. In the first phase male students were more collaborative and a lot of them indicated anger as their main enemy, instead among positive challenges they indicated sport passion and friendship. Females were a little bit more reticent and embarrassed but only at the beginning. Later they took part in the lesson talking about their feelings but always underlining that it was hard. For most of them it was hard to speak in public. At the end of the activity students wrote a short description of the activity. Everyone could write

Needs of the classroom to be addressed

In this particular moment, with a pandemic emergency, it's important for students to be aware of their feelings and emotions. Teachers can't underestimate the psychological consequences of this situation on young people. It's important they learn to talk about what they feel.

Validation of the teaching source

I suggest using this teaching source. It's easy and challenging. It's a good opportunity to interrupt the routine of the school week

Testing carried out on 15 December 2020

